

Beta-Blockers

ORAL AND OPHTHALMIC BETA-BLOCKERS (Exacerbates Allergic Reactions)

Oral:

Brand Name (Generic)

Apo-Metoprolol (metoprolol)
 Apo-Propranolol (propranolol)
 Betaloc (metoprolol)
 Betapace/AF (sotalol)
 Blocadren (timolol)
 Brevibloc (esmolol)
 Bystolic (nebivolol)
 Coreg (carvedilol)
 Corgard (nadolol)
 Corzide (nadolol)
 Detensol® (propranolol)
 Inderal LA* (propranolol)
 Inderide (propranolol)
 InnoPran XL* (propranolol)
 Kapsargo Sprinkle (metoprolol)
 Kerlone (betaxolol)
 Levatol (penbutolol)
 Lopressor (metoprolol)
 Normodyne (labetalol)
 Sectral (acebutolol)
 Slow-Trasicor* (oxprenolol)
 Sorine (sotalol)
 Sotacor (sotalol)

Oral, continued:

Brand Name (Generic)

Tenoretic (atenolol)
 Tenormin (atenolol)
 Timolide (bisoprolol)
 Toprol XL* (metoprolol)
 Trandate (labetalol)
 Trasicor (oxprenolol)
 Viskazide (pindolol)
 Zebeta (bisoprolol)
 Ziac (bisoprolol)

Ophthalmic:

Brand Name (Generic)

AK Beta (levobunolol)
 Betagan (levobunolol)
 Betimol (timolol)
 Betoptic S (betaxolol)
 Cartrol (carteolol)
 Cosopt (timolol)
 Ocumeter (timolol)
 Ocupress (carteolol)
 Optipranolol (metipranolol)
 Timoptic/Ocudose/XE (timolol)

*sustained release

Antihistamine Information

Medications That Interfere With Allergy Testing

IMPORTANT: Certain drugs may interfere with the skin test that we perform. **DO NOT take any antihistamines for five days before skin testing.** Most cough and cold medications contain antihistamines. One tablet, capsule or teaspoon of any antihistamine can neutralize the skin tests so that they cannot be read properly. Since it is not possible to list all of the nonprescription antihistamines, please call our office or your pharmacist if you have a question.

PRESCRIPTION ANTIHISTAMINES

Oral:

Actifed Products	Dexbrompheniramine	Restoril
Advil PM	Dexchlorpheniramine	Sominex
Alavert	Dimetapp Products	Sudafed Plus
Allegra	Diphenhydramine	Tacaryl Products
Aller-x	Doxylamine	Tagamet
Antivert	Dramamine	Tanafed
Atarax	Dristan Products	Tavist Products
Axid	Drixel	Triaminic Products
Benadryl Products	Famotidine	Triprolidine
Bonine	Fexofenadine	Tuss-12/Tussionex
Bromfed Products	Formula 44	Tylenol PM
Brompheniramine	Histex	Unisom
Carbinoxamine	Hydroxyzine	Vick Products
Cetirizine	Kronofed	Vistaril
Chlor-Trimeton	Levocetirizine	Xyzal
Chlorcyclizine	Librax	Zantac 360
Chlorpheniramine	Loratadine	Zyrtec
Cimetidine	Mecizine	
Clarinet	Nizatidine	
Claritin	Novahistamine	
Clemastine Products	Nyquil	
Comtrex	Optimine	
Contact®	Pannazw	
Coricidin Products	Periactin	
Cyproheptadine	Pepcid	
Dalmane	Pheniramine	
Deconamine	Phenyltoloxamine	
Desloratadine	Ranitidine	
	Respa AR	

Nose Sprays:

Afrin
 Astelin
 Astepro
 Azelastine
 Dymista
 Patanase

Eye Drops:

Optivar
 Pataday
 Patanol

Remember: Please inform our office as soon as possible about any changes in your medical condition and/or current medicines.

If you have any questions, please call us at:
(803) 256-7076

See continued list of antihistamines on page 2.



Palmetto
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 & ALLERGY

Antihistamine Information (cont.)

TRICYCLIC ANTIDEPRESSANTS (Suppresses Skin Whealing Responses)

Adapin	Elavil	Sinequan
Amitriptyline	Endep	Surmontil
Amoxapine	Etrafon	Trimipramine
Anafranil	Imipramine	Tofranil
Asendin	Limbitrol	Vanatrip
Aventyl Hydrochloride	Norpramin	Vivactil
Clomipramine	Nortriptyline	Zonalon
Desipramine	Pamelor	
Doxepin	Protriptyline	

ANTI-EMETICS (NAUSEA)

Compazine	Dramamine	Phenergan (Promethazine)
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ANTIPSYCHOTICS

Haldol	Thorazine
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CORTICOSTEROIDS

Prednisone (greater than 30mg/day)	Topical Corticosteroids
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BENZODIAZEPINES

Alprazolam	Flurazepam	Restoril
Ativan	Klonopin	Tranxene
Clonazepam	Librium	Xanax
Dalmane	Lorazepam	
Diazepam	Midazolam	

Vegetables

- Garlic, onions & watercress

Herbs

- Thyme, tarragon, chamomile & peppermint

Rhizomes

- Ginger, Thai ginger & turmeric

Fruit

- Pomegranates, apples, pineapples & peaches

Vitamins

- Vitamin C

Beta-Blocker (Blood Pressure Medication) Information

WHAT ARE BETA-BLOCKERS?

Beta-Blockers are medicines commonly prescribed for high blood pressure or heart conditions or for control of migraine headaches, glaucoma and tremors.

WHY ARE BETA-BLOCKERS IMPORTANT TO ALLERGY PATIENTS?

Beta-Blockers can make allergy symptoms worse; nasal congestion, asthma and allergic bronchitis are most likely to worsen. Beta-Blockers may also increase the risk of serious allergic reactions, which could make the medical treatment of serious allergic reactions more difficult.

WHAT IF YOU ARE TAKING BETA-BLOCKERS?

Beta-Blocker medications must be discontinued 24 hours prior to allergy testing and may be resumed 4 hours after the test has been completed. You may be asked to discuss with the doctor who prescribed the Beta-Blocker medication whether you can miss a dose for testing.

See reverse for a list of common Beta-Blockers.

If you have any questions, please call us at:

(803) 256-7076

** Please do not stop any current asthma medications.*

*** Hold any nasal sprays listed under the list of Prescription Antihistamines.*

Continue any other nasal sprays.